

SHABIRHUSAIN
ABADIN
MD, MPH, FACS

ENDOCRINE AND GENERAL SURGEON

Progressive Surgical Associates
1890 Silver Cross Boulevard
Suites 410 and 520
New Lenox, Illinois 60451
815.717.8730
815.717.8729 (fax)

Board certified by the American Board of Surgery
Fulfilled in November 2012, Valid until July 2023

Illinois Medical License
Number: 036.125620
Date of Expiration: July 31, 2020

Work History

October 2019 to present

**Endocrine and General Surgeon
Progressive Surgical Associates**

New Lenox, Illinois

Clinical interests: thyroid, parathyroid, adrenal and neuroendocrine
pancreas disorders, neck ultrasound and FNA, minimally invasive
surgery, hernias, acute care surgery

December 2013 to October 2019

Attending Endocrine and General Surgeon

John H. Stroger, Jr. and Provident Hospitals of Cook County
Chicago, Illinois

March 2019 to October 2019

Trauma Surgeon

OSF St. Anthony
Rockford, Illinois

March 2017 to October 2019

Wound Care Physician

Ameriwound

Lead Physician and Part Owner in Illinois

Academic Appointments

December 2014 to present

Associate Program Director - Endocrine Surgery Fellowship

John H. Stroger, Jr. Hospital and North Shore University
Chicago, Illinois

February 2014 to present

Assistant Clinical Professor in Surgery
Rush University
Chicago, Illinois

September 2014 to present

Clinical Instructor in Surgery
Site Director for Surgery Clerkship
Rosalind Franklin University of Medicine and Science
North Chicago, Illinois

Training/Education

June 2012 to June 2013

Fellow in Endocrine Surgery
The University of Texas MD Anderson Cancer Center
Houston, Texas

June 2007 to June 2012

General Surgery Residency
St. Joseph Hospital
Chicago, Illinois

June 2007

Northwestern University Feinberg School of Medicine
Chicago, Illinois
Doctor of Medicine and Masters in Public Health

June 2003

Northwestern University
Evanston, Illinois
Bachelor of Arts in History

Organizations

American Association of Endocrine Surgeons
Candidate member since 2015

American Association of Clinical Endocrinologists
Associate member since 2012

American College of Surgeons
Fellow since 2016

International College of Surgeons
Fellow since 2016, Surgical Oncology Chair since 2016

Southeastern Surgical Congress
Fellow since 2014

Presentations

ORAL / VIDEO PRESENTATIONS

- 1) Rajjoub SR, Winchester DJ, Moo-Young TA, Prinz RA, **Abadin SS**. Incidental Left Renal Mass. American Association of

Endocrine Surgeons, 2016 Annual Meeting. Baltimore, MD. April 2016.

- 2) Paritosh Suman, Chi-Hsiung Wang, **Shabirhusain S Abadin**, Tricia A Moo-Young, Richard A Prinz, David J Winchester. "Risk factors for central lymph node metastasis in papillary thyroid carcinoma: A National Cancer Data Base (NCDB) study." American Association of Endocrine Surgeons, 2015 Annual Meeting, Nashville, TN. April 2016.
- 3) **Abadin SS**, Ayala-Ramirez M, Jimenez C, Dickson PV, Liang Y, Lazar AJ, Hornick JL, Cotton M, Sui D, Rich T, Lee JE, Grubbs EG, Perrier ND. Impact of Surgical Resection for Subdiaphragmatic Paragangliomas. Oral presentation at the Annual Meeting of the International Association of Endocrine Surgeons – Helsinki, Finland in August 2013.
- 4) Romero-Arenas MA, **Abadin SS**, Landry C, Grubbs EG, Perrier ND. Posterior retroperitoneoscopic adrenalectomy. Video presentation at the International Association of Endocrine Surgeons – Helsinki, Finland in August 2013.
- 5) Morris LF, Lee S, Warneke CL, **Abadin SS**, Suliburk J, Romero-Arenas MA, Lee JE, Grubbs EG, Perrier ND. Fewer Adverse Events After Reoperative Parathyroidectomy Associated with Initial Minimally Invasive Parathyroidectomy. Oral presentation at the Annual Meeting of the Southwestern Surgical Congress – Santa Barbara, California in March 2013.
- 6) **Abadin SS**, Lutfi RE. Early Results of Single Incision Sleeve Gastrectomy. Oral presentation at the 20th Annual Meeting of the Society of Laparoendoscopic Surgeons – Los Angeles, California in September 2011.
- 7) **Abadin SS**, Lutfi RE. Single Incision Pancreatic Cyst-Gastrostomy. Video presentation at the 20th Annual Meeting of the Society of Laparoendoscopic Surgeons – Los Angeles, California in September 2011.
- 8) **Abadin SS**, Angelos P. Laparoscopic Resection of a Giant Right Adrenal Tumor. Video presentation at the 19th Annual Meeting of the Society of Laparoendoscopic Surgeons – New York, New York in September 2010.
- 9) **Abadin SS**, Lutfi RE. Heller Myotomy, Hiatal Hernia with Mesh, and Dor Fundoplication for a Morbidly Obese Patient with Achalasia. Video presentation at the 19th Annual Meeting of the Society of Laparoendoscopic Surgeons – New York, New York in September 2010.
- 10) **Abadin SS**, Lutfi RE. LapBand Placement with Repair of an Incidental Hiatal Hernia Using Curved Laparoscopic Instruments through a Single Incision, Video presentation at the 12th Annual Meeting of the Society of American

Gastrointestinal and Endoscopic Surgeons – National Harbor, Maryland in April 2010.

- 11) **Abadin SS**, Kaplan EL, Angelos P. Malpractice litigation after thyroid surgery: the role of recurrent laryngeal nerve injuries, 1989-2009. Oral presentation at the 67th Annual Meeting of the Central Surgical Association – Chicago, Illinois in March 2010.

POSTER PRESENTATIONS

- 1) Aman Khokar, S Abadin, R Prinz. Degree of Preoperative Hypercalcemia Correlates with Long Term Normocalcemia After Parathyroidectomy. Poster Presentation at AACE 28th Annual Scientific & Clinical Congress in Los Angeles, CA in April 24-28, 2019.
- 2) Ganesh, M, **Abadin SS**, Fogelfeld, L. “Adrenal Vein Sampling Without Discontinuation of Mineralocorticoid-Receptor Antagonist Therapy.: Poster Presentation at Endo Society meeting in New Orleans, Louisiana in March 2019.
- 3) Zhou, R. **Abadin SS**. “Application and Utility of Left Adrenal Vein/Inferior Vena Cava (LAV/IVC) Criteria for Lateralization in Hyperaldosteronism.” Poster presentation at the Annual Southeastern Surgical Association in Atlanta, Georgia in February 2018.
- 4) Schlund, D., **Abadin SS**. “Substernal goiter requiring sternotomy.” Poster presentation at the Annual Meeting of the American Thyroid Association – Denver, Colorado in September 2016.
- 5) Nally C, **Abadin SS**. “Ruptured Adrenal Angiomyelolipoma: Presentation, Treatment, and Literature Review.” Poster presentation at the Annual Meeting of The Midwest Surgical Association – Lake Geneva, Wisconsin in July 2015.
- 6) Knoper R, **Abadin SS**. “Radical Resection of Adrenocortical Carcinoma.” Poster presentation at the Annual Meeting of the Southeastern Surgical Association – Chattanooga, Tennessee in February 2015.
- 7) Liang Y, **Abadin SS**, Wan W, Perrier ND, Lazar AJ. Correlation of Immunostain for Protein Expression with Genetic Abnormality of SDHB in Paraganglioma/Pheochromocytoma. Poster presentation at the United States & Canadian Academy of Pathology annual meeting in March 2013.
- 8) **Abadin SS**, Zhu R, Podbielski F, Connolly M. The Implementation of an Ultrasound Training Curriculum in a General Surgery Residency. Poster presentation at the Southeastern Surgical Association annual meeting in February 2013.

- 9) **Abadin SS**, Hongyan D, Fogelfeld L, Prinz RA, Moo-Young T. Thyroid Cancer Disparities in Chicago: A Single Institution Urban Study. Poster presentation at the Midwest Surgical Association annual meeting in August 2011.
- 10) **Abadin SS**, Mahoney K, Lutfi RE. Is Single Incision Sleeve Gastrectomy As Good As Traditional Laparoscopy? Poster presentation at the XVI World Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders - IFSO 2011 in August and September 2011 in Hamburg, Germany.
- 11) Cheregi J, Torquati A, Tiesenga F, **Abadin SS**, Lutfi RE. Predictors of Success in Performing Single Incision Banding. Poster presentation to the 28th Annual Meeting of the American Society of Metabolic and Bariatric Surgery in June 2011.
- 12) **Abadin SS**, Salti GI. Hemipelvectomy for Radiation-Induced Angiosarcoma after Primary Epithelioid Sarcoma. Poster presentation at the 79th Annual Meeting of the Southeastern Surgical Congress – Chattanooga, Tennessee in February 2011.
- 13) **Abadin SS**, Salti GI. Laparoscopic Treatment of a Meckel's Diverticulum. Poster presentation at the 79th Annual Meeting of the Southeastern Surgical Congress – Chattanooga, Tennessee in February 2011.
- 14) Korn JM, **Abadin S**, Salti GI. Ileocolic intussusception secondary to a giant inflammatory pseudopolyp: an unusual presentation of Crohn's disease. Poster presentation at the 78th Annual Southeastern Surgical Congress Scientific Session – Savannah, Georgia in February 2010.
- 15) Revesz, E, **Abadin SS**, Willson TD, Connolly, MM. Three Unusual Presentations of Gastrointestinal Tumors (GIST): Literature Review and Treatment Algorithm. Poster presentation at the 51st Annual Meeting of the Society for Surgery of the Alimentary Tract – New Orleans, Louisiana in May 2010.
- 16) **Abadin SS**, Korn JM, Worley TA, Podbielski FJ, Connolly MM. Cystic sarcoma of the psoas muscle masquerading as appendicitis. Poster presentation at the 18th Annual Meeting of 77th Annual Meeting of the Southeastern Surgical Congress Scientific Session – Atlanta, Georgia in February 2009.
- 17) Worley, TA, **Abadin, SS**, Salazar, MR, Unti, JA, Podbielski, FJ. Conservative Management of a Patient with Pneumatosis Intestinalis and Portal Venous Gas. Poster presentation at the 77th Annual Meeting of the Southeastern Surgical Congress Scientific Session – Atlanta, Georgia in February 2009.

Publications

- 1) "Metastatic Thyroid Cancer Presenting as a Renal Cortical Mass" (JAOA-2017-0284) to The Journal of the American Osteopathic Association.
- 2) Rush University Medical Center Review of Surgery, 6th edition, Associate Editor For Nutrition, Biostatistics, Thyroid, Parathyroid, and Adrenal Chapters. In press.
- 3) Transoral Excision of a Right Pyriform Sinus Parathyroid Adenoma. Hernandez DJ, Bove MJ, Ree A, **Abadin SS**. VideoEndocrinology . September 2016, Vol. 3, No. 3.
- 4) Surgical Oncology Self-Assessment Program (SOSAP) 2.0 question editor for Endocrine / Head and Neck Chapter.
- 5) **Abadin SS**, Boger MS, Perrier ND. Graves and Plummer's Diseases: Medical and Surgical Management. Book chapter in the 3rd edition of the Textbook of Endocrine Surgery. Jaypee Brothers Medical Publishers 2016.
- 6) Paritosh Suman, Chi-Hsiung Wang, **Shabirhusain S Abadin**, Romy Block, Vathsala Raghawan, Tricia A Moo-Young, Richard A Prinz, David J Winchester. "Timing Of Radioactive Iodine Therapy Does Not Impact Overall Survival In High-Risk Papillary Thyroid Carcinoma." Endocrine Practice. 2016 Mar 28. [Epub ahead of print]
- 7) Paritosh Suman, Chi-Hsiung Wang, **Shabirhusain S Abadin**, Tricia A Moo-Young, Richard A Prinz, David J Winchester. "Risk factors for central lymph node metastasis in papillary thyroid carcinoma: A National Cancer Data Base (NCDB) study." Surgery. 2016;159(1):31-9.
- 8) **Abadin SS**, Busaidy NL, Perrier ND. Targeted Therapies in Thyroid Cancer. Book chapter in Management of Thyroid Cancer: Special Consideration. Spring India/Byword Books 2015.
- 9) Morris LF, Lee S, Warneke CL, **Abadin SS**, Suliburk J, Romero-Arenas MA, Lee JE, Grubbs EG, Perrier ND. Fewer Adverse Events After Reoperative Parathyroidectomy Associated with Initial Minimally Invasive Parathyroidectomy. Am J Surg. 2014 Nov;208(5):850-5. doi: 10.1016/j.amjsurg.2014.05.006. Epub 2014 Jul 11.
- 10) **Abadin SS**, Ayala-Ramirez M, Jimenez C, Dickson PV, Liang Y, Lazar AJ, Hornick JL, Cotton M, Sui D, Rich T, Lee JE, Grubbs EG, Perrier ND. Impact of Surgical Resection for Subdiaphragmatic Paragangliomas. World Journal of Surgery. World J Surg. 2014 Mar;38(3):733-41. doi: 10.1007/s00268-013-2443-5.

- 11) **Abadin SS**, Grubbs EG, Perrier ND. Challenges of Laparoscopic Adrenalectomy. Video contribution for educational library for SAGES website.
- 12) **Abadin SS**, Salti GI. Laparoscopic Treatment of a Meckel's Diverticulum. 2011 Aug;77(8):E156-7.
- 13) **Abadin SS**, Kaplan EL, Angelos P. Malpractice litigation after thyroid surgery: the role of recurrent laryngeal nerve injuries, 1989-2009. Surgery. 2010 Oct;148(4):718-22; discussion 722-3.
- 14) Revesz, E, **Abadin SS**, Willson, TD, Connolly, MM. Three Unusual Presentations of Gastrointestinal Tumors (GIST): Literature Review and Treatment Algorithm. Gastroenterology. 2010 May; 138(5):S-892.
- 16) Worley TA, **Abadin SS**, Revesz E, Salti GI. Gastrointestinal stromal tumor with hemoperitoneum masquerading as appendicitis. Int Surg. 2010 Jan-Mar;95(1):8-11.
- 17) **Abadin SS**, Korn JM, Worley TA, Podbielski FJ, Connolly MM. Cystic sarcoma of the psoas muscle masquerading as appendicitis. Am Surg. 2009 Sep;75(9):860-2.
- 18) **Abadin SS**, Salazar MR, Zhu RY, Connolly MM, Podbielski FJ. Small Bowel Ischemia in a Sickle Cell Patient. Case Rep Gastroenterol. 2009 Mar 31;3(1):26-29.
- 19) Feinglass J, **Abadin S**, Thompson J, Pearce WH. A census-based analysis of racial disparities in lower extremity amputation rates in Northern Illinois, 1987-2004. J Vasc Surg. 2008 May;47(5):1001-7; discussion 1007.